Hyperbaric Oxygen Therapy Market Expands as Research Uncovers New Recovery Applications

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A Richmond-based clinic providing pressurized oxygen therapy reports steady interest from athletes, post-surgical patients, and those managing chronic conditions as the global HBOT market approaches $4 billion.

The global hyperbaric oxygen therapy market is projected to reach approximately $4.2 billion by 2030, according to a 2024 report by Grand View Research, growing at a compound annual growth rate of nearly 6 percent as clinical research continues to identify new therapeutic applications for pressurized oxygen treatment. While Health Canada has long recognized HBOT for established indications including carbon monoxide poisoning, decompression sickness, and wound healing, researchers are increasingly investigating HBOT's potential role in supporting recovery from concussions, post-surgical inflammation, chronic fatigue, and certain neurological conditions, though many of these applications remain in the investigational stage.

International Hyperbaric Health Centers Inc., a clinic in southeast Richmond's Ironwood area at 12180 Horseshoe Way, has observed sustained demand from a diverse client base that includes weekend athletes, individuals managing long-term health conditions, and post-surgical patients. The clinic operates three ASME

and PVHO certified hard-shelled multi-place chambers, including a six-person chamber, where clients breathe 100 percent oxygen at increased atmospheric pressure. Each session delivers 10 to 15 times more oxygen to the body than normal breathing, a process that stimulates tissue oxygenation and supports the body's natural healing mechanisms. The facility serves clients not only from across Metro Vancouver but also from other parts of Canada and internationally via Vancouver International Airport, and has been operating as one of the longest-serving HBOT providers in the region.

A representative for International Hyperbaric Health Centers said the clinic's team of professionals and certified technicians, who have over 20 years of combined experience in the field, has observed growing awareness of HBOT's potential applications. "We see clients from a wide range of backgrounds, each with different recovery goals. Some are athletes looking to reduce recovery time between training cycles, while others are managing chronic fatigue, fibromyalgia, or supporting post-surgical recovery. The common thread is an interest in supporting the body's natural healing processes through a non-invasive modality. We make a point of helping each client understand what the current evidence supports and what remains under investigation, so they can make informed decisions about their care. Every treatment plan is tailored to the individual's specific health goals and clinical profile."

Treatment sessions at the clinic last approximately 60 to 90 minutes depending on the individual treatment plan. Clients wear a transparent hood that delivers 100 percent oxygen while an attendant remains inside the chamber throughout the session. Two technicians monitor chamber controls from outside at all times for safety. The clinic provides individual sessions at $150 plus GST per hour, with prepaid package options including a 20-session package with one bonus session or a 40-session package with two bonus sessions for those pursuing longer treatment plans. All chambers are hard-shelled and meet safety codes cleared by Health Canada. Appointments are available six days a week with flexible scheduling.

The growing interest in HBOT reflects a broader wellness industry trend toward modalities that support the body's intrinsic recovery capacity. As research continues to expand the evidence base for hyperbaric oxygen therapy, clinics like International Hyperbaric Health Centers are positioned to serve a widening demographic of clients. The clinic provides free introductory consultations and maintains educational resources explaining how HBOT works and which conditions have the strongest clinical evidence supporting its use. For individuals considering HBOT, consulting with a healthcare provider who understands both the established indications and the investigational applications can help determine whether the therapy aligns with their specific health needs and recovery objectives.

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International Hyperbaric Health Centers Inc.

International Hyperbaric Health Centers (IHHC) offers trusted, professional Hyperbaric Oxygen Therapy in Richmond, BC. IHHC treats a range of conditions like Long COVID, autism, and diabetes using top-quality chambers in a safe environment.

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